

Gardner-Webb University Athletic Training
Student-Athlete Nutritional Supplement Disclosure Form

Student Athlete's Printed Name: _____ Sport: _____

By completing this form I am disclosing any and all nutritional supplements that I am taking or intend to take. I acknowledge the risk of losing my eligibility to participate in intercollegiate athletics if I test positive for an NCAA banned substance that may be found in any substance that I may take, regardless of the reason or purpose for taking such supplements. I also acknowledge the possible health risks that may be associated with taking an over-the counter nutritional supplement.

I acknowledge and understand that the labeling on these products can be misleading and inaccurate because they are not regulated by the Food and Drug Administration (FDA), and that sales personnel are paid to sell these products and cannot accurately certify that these products contain no substances banned by the NCAA. Terms such as "healthy" or "naturally occurring" do not necessarily mean safe to take or use, or that the NCAA endorses a product or approves its usage. In other words, what's in the bottle is not always on the label. If I do not know what I am taking, I am risking both my health and my eligibility.

The NCAA does not accept ignorance as an excuse following a positive drug test for a banned substance. Before taking or using any supplement, I am responsible for taking appropriate steps to ensure that it does not contain any substance banned by the NCAA. I acknowledge and understand that I can inquire about products by contacting the Center for Drug-Free Sport's Resource Exchange Center. I understand that this is a free service and all inquiries are kept confidential. (www.drugfreesport.com/rec with the password: ncaa1)

Supplement / Product Name	Manufacturer	Where Purchased
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____

Please initial if not currently taking any nutritional supplements: _____

Comments:

Signature:

Student-Athlete

Date

