

**Please note that this letter has been amended as of September 8, 2000**

Dear Student Athlete,

The intent of this form is to inform you of the medical recommendations should you become pregnant while participating in intercollegiate athletics.

Shelby Women's Clinic presently provides health care to Gardner-Webb University's female student-athletes. The following statement is the recommendation to all female student-athletes from Shelby Women's Clinic along with the athletic training staff at GWU. After the twelfth week of gestation (pregnancy), the uterus begins to enlarge above the pelvic brim, leaving the fetus vulnerable to trauma. Because of this risk, it is our recommendation that the student-athlete no longer participate in sports after this time until after delivery. If you have a signed statement from your personal physician stating otherwise, please present this to the athletic training department and/or team physician.

GWU will not be held liable for any problems occurring during pregnancy in regards to athletic participation. If you have any questions or problems, please feel free to contact the athletic training office or Shelby Women's Clinic (704-487-5258).

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I have read and understand the above statement.

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Student Name

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Parents Name

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Date

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Witness

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Date

IF YOU ARE UNDER 18 PARENTS MUST SIGN

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Parent Signature

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Date

Updated: 05-13-03